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## HEALTH CERTIFICATE FOR CARDIOVASCULAR INTENSIVE SPORT ACTIVITY (CYCLINGRACES/EVENTS)

The Granfondo Colnago requires a doctor's certification for all riders that want to ride the medium or long route. You MUST complete this form and submit it to the Granfondo Colnago organizers via email :

**info@granfondocolnagodesenzano.com**

or at the race pack/number collection in Desenzano del Garda.

This medical certificate must be issued by a licensed doctor following a medical examination.

N° Order Granfondo Colnago: \_\_\_\_\_

Surname: \_\_\_\_\_ Name: \_\_\_\_\_

Sex :  M  F

Date of Birth: \_\_\_\_\_ Address: \_\_\_\_\_

Post Code: \_\_\_\_\_ City: \_\_\_\_\_

Country: \_\_\_\_\_

\_\_\_\_\_ declare that

1. This patient is presently in good physical health and to my knowledge, has no chronic or long-term health problems.

2. This patient demonstrates no physical indisposition that would preclude them from participating in cycling competitions.

Medical certificate issued in (place): \_\_\_\_\_

Date: \_\_\_\_\_ Doctor: \_\_\_\_\_ (Signature)

Name of Doctor: \_\_\_\_\_ (Please Print)